

CATALYST  
— events —

# A SPORTS DAY WITH A PIONEER

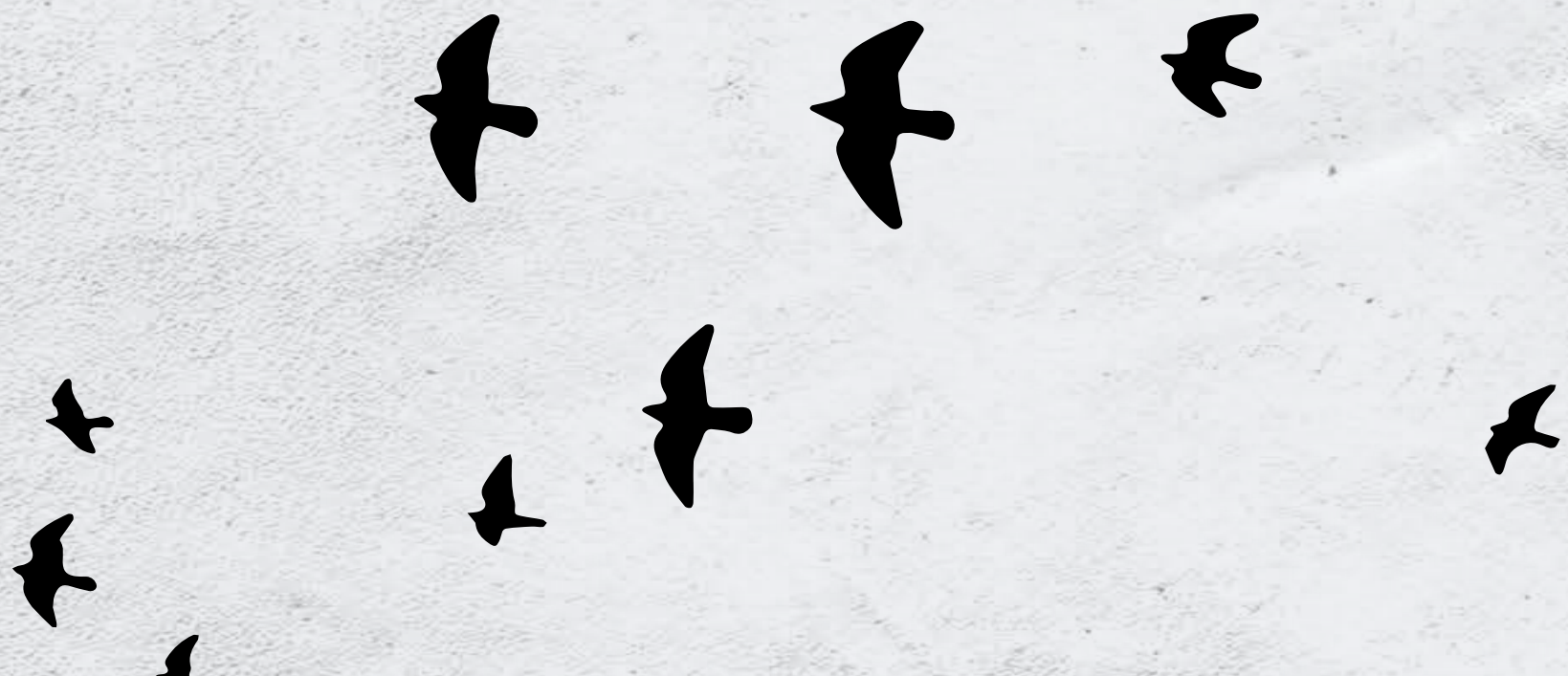
BRIDGING GENERATIONS  
THROUGH FUN AND WISDOM  
FOR A HEALTHIER TOMORROW





## OVERVIEW:

THE "SPORTS DAY WITH A PIONEER" EVENT IS DESIGNED TO PROMOTE HEALTH AND WELLBEING AMONG STUDENTS FROM TOLERANCE SCHOOLS WHILE NURTURING A SENSE OF COMMUNITY. THE EVENT WILL FEATURE A SERIES OF SPORTS COMPETITIONS MANAGED BY RETIRED SKILLED PIONEERS. THE AIM IS TO ENGAGE STUDENTS IN ENJOYABLE PHYSICAL ACTIVITIES AND INSPIRE THEM WITH LIFE COACHING INSIGHTS FROM RETIREES, EMPHASIZING WELLBEING, TEAMWORK, AND COMMUNITY INVOLVEMENT.





# OBJECTIVES

- PROMOTE PHYSICAL HEALTH: ENCOURAGE STUDENT PARTICIPATION IN DIVERSE SPORTS ACTIVITIES TO ENHANCE THEIR PHYSICAL HEALTH AND OVERALL FITNESS.
- ENHANCE EMOTIONAL WELLBEING: CREATE A FUN AND SUPPORTIVE ENVIRONMENT THAT BOOSTS STUDENTS' SPIRITS AND PROMOTES POSITIVE MENTAL HEALTH.
- INSPIRE AND EDUCATE: OFFER MOTIVATIONAL TALKS FROM RETIREES, LEVERAGING THEIR LIFE EXPERIENCES TO TEACH IMPORTANT LESSONS ON WELLBEING, TEAMWORK, AND COMMUNITY ENGAGEMENT.
- BUILD COMMUNITY CONNECTIONS: STRENGTHEN THE BOND BETWEEN RETIRED VOLUNTEERS AND THE LOCAL COMMUNITY THROUGH THEIR COLLABORATIVE ROLE IN ORGANIZING AND EXECUTING THE EVENT.





# PIONEER ROLES:

- **COACH AND REFEREE:** GUIDE AND MANAGE THE TEAMS DURING COMPETITIONS AND OFFICIATE THE GAMES.
- **MOTIVATIONAL SPEAKER:** DELIVER INSPIRATIONAL TALKS THAT RELATE THE SPORTS EXPERIENCE TO REAL-LIFE CHALLENGES, OFFERING GUIDANCE AND ENCOURAGEMENT TO STUDENTS.





# LOGISTICS

- **LOCATION:** TOLERANCE SCHOOL - ABU DHABI & AL AIN BRANCHES
- **DURATION OF EVENT:** 2 TO 3 HOURS.

